

What's new for 2024

Please refer to the website for documents and results: <http://neydl.website/>

It is hoped that athletes, coaches, officials and parents will make the effort to read all the information appertaining to the league, available via the website. However, experience tells us that will not happen – **so at least read this!**

Maximum Runners per track event.

The maximum number of athletes is restricted to a maximum of 4. See rule D2 for clarification.

Officials Packed Lunches

Host clubs are no longer expected to provide packed lunches, **however please provide the officials with the means of getting a hot/cold drink**

Allocation of official's duties.

Whist the allocation indicated for field officials will be based on the published timetable, the actual allocation will be made by the referee based on the qualifications of the officials available on the day. **For this reason, it is essential that ALL field officials report and sign in 30 mins before the advertised start time of the Hammer competition.**

To further assist in this matter, team managers are asked to communicate the names of the officials expected to be supplied by the team a week ahead of each meeting. See <http://neydl.website/officials/officials>

Hopefully this will help focus everyone's mind.

Timetable Change

Addition of a Non-Scoring 4 x 100m MIXED relay.

There is a fixed running order of **male, female, male, female** for all age groups (no mixed age groups). Although this is a non-scoring event, it still counts towards the maximum allowed per athlete on the day.

Declarations

For long hurdles these must be made by **the cut off with no further additions. The cut off is 60min before the timetabled start time, which is venue dependant.** The declaration sheet has been modified to highlight this requirement.

Amendment to Rule D 7

Where a team does not provide at least one Grade 2 (or higher) field official, then this team is only be permitted to have two competitors in the long throw events

HOST CLUBS

This season the league will provide a laptop and printer to be used for the results. However host clubs still need to provide two people to enter the results. The time to identify these people is now, and let Graham Hall (grahamhall24@gmail.com) know asap and certainly no later than 2 weeks before their fixture. This will enable Graham to send the operators a copy of the program to familiarise themselves with it.

Host clubs must provide a volunteer assistant for the photo finish.

Hosts are:

Div 1 -Harrogate, North Sheilds Poly, Birtley/J&H/Pheonix Flyers and S Shields/Elswick

Div 2 -Blaydon/Wallsend/Gosforth, Chester/Durham, Morpeth and Middlesbro/Houghton/Derwent

2024 Divisional Secretaries

Div 1 - Gary Curtis 07957 216 182 - garydcurtis71@yahoo.co.uk

Div 2 - Toby Jones 07798 872736 - toby@jonesandfather.com

Allocation of Team Numbers

Once again, we are having a flexible rather than fixed allocation of numbers per team

When supplying pre-season declarations team managers are asked to supply the most likely names for the first fixture and not just all the possible ones for your team throughout the season. The main purpose of the exercise is to make production of results easier for the first fixture. We will still be able to top up a team's allocation later in the season if required.

So for 2024 the allocation for each team will reflect the number of athletes declared last season plus approx. 10%

Div 1			
	Start	Finish	Total
Birtley/J&H/Phoenix	1	90	90
Darlington/Allerton	91	180	90
Gateshead	181	300	120
Harrogate	301	450	150
North Shields	451	580	130
S Shields/Elswick	581	660	80
Div 2			
	Start	Finish	Total
Blyth/Alnwick	1	70	70
Blaydon/Wallsend/Gosforth	71	150	80
CLS/Durham	151	240	90
Heaton/Tyne Bridge	241	330	90
Middlesbro/Houghton/Derwent	331	430	100
New Marske	431	490	60
Morpeth	491	590	100
Tynedale/Prudoe	591	670	80