

# NORTH EAST SENIOR DEVELOPMENT LEAGUE

## Monkton

Start	Event	Lane Draw					
11.00	100mH F	4	3	1	2	6	5
11.10	110mH M	4	3	1	2	6	5
11.25	3000m F	6	1	5	4	2	3
11.45	5000m M	6	1	5	4	2	3
12.00							
12.15	400mH F	1	4	6	3	5	2
12.25	400mH M	1	4	6	3	5	2
12.35	100m F	1	4	6	3	5	2
12.45	100m M	1	4	6	3	5	2
12.55	800m F	2	5	3	6	4	1
13.05	800m M	2	5	3	6	4	1
13.15	400m F	1	4	6	3	5	2
13.25	400m M	1	4	6	3	5	2
13.35	1500m F	5	6	2	1	3	4
13.45	1500m M	5	6	2	1	3	4
13.55	200m F	4	3	1	2	6	5
14.05	200 M	4	3	1	2	6	5
14.15	4 x 100m F	6	5	1	2	4	3
14.25	4 x 100m M	6	5	1	2	4	3
14.30							
14.35	4 x 400m F	1	6	4	5	3	2
14.45	4 x 400m M	1	6	4	5	3	2
14.55	4 x 400m Mix	1	6	4	5	3	2

Start Time	Event	Gender	Duty Team
11.00	Hammer	All	1
	High Jump	Female	4
12.00	Discus	All	1
	High Jump	Male	3
13.00	Triple Jump	Male	5
	Long Jump	Female	6
13.15	Javelin	Male	3
	Pole Vault	All	2
	Shot Putt	Female	4
14.00	Long jump	Male	5
	Triple Jump	Female	6
14.15	Shot Putt	Male	1
	Javelin	Female	2

Duty No.	Team name
Lane No.	
1, Host	
2	
3	
4	
5	
6	

Call up times for field events for athletes and officials are 15 minutes before the start time unless the previous event in that area has not finished.

See Team identification, lane and duty rotation sheet, before filling in details in the box above for your match.