

## NEYDL Held at **MONKTON STADIUM**

### Division 2 only

### Timetable and Lane Draw for 8 Team Match

#### Track Events

| Start Time | Event                     | Races        | Lane Draw |   |   |   |   |   |   |   |
|------------|---------------------------|--------------|-----------|---|---|---|---|---|---|---|
| 10.15      | U13G 70m Hdls             | A & B        | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 10.25      | U13B 75m Hdls             | A & B        | 2         | 3 | 4 | 5 | 6 | 7 | 8 | 1 |
|            | U15G 75m Hdls             | A & B        | 3         | 4 | 5 | 6 | 7 | 8 | 1 | 2 |
| 10.40      | U17W 80m Hdls             | A & B        | 4         | 5 | 6 | 7 | 8 | 1 | 2 | 3 |
|            | U15B 80m Hdls             | A & B        | 5         | 6 | 7 | 8 | 1 | 2 | 3 | 4 |
| 10.55      | U17M 100m Hdls            | A & B        | 6         | 7 | 8 | 1 | 2 | 3 | 4 | 5 |
| 11.15      | U13G 800m                 | 1 race       | 7         | 8 | 1 | 2 | 3 | 4 | 5 | 6 |
|            | U13B 800m                 | 1 race       | 8         | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| 11.30      | U15G 800m                 | 1 race       | 8         | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|            | U15B 800m                 | 1 race       | 1         | 8 | 7 | 6 | 5 | 4 | 3 | 2 |
| 11.45      | U17W 800m                 | 1 race       | 2         | 1 | 8 | 7 | 6 | 5 | 4 | 3 |
|            | U17M 800m                 | 1 race       | 3         | 2 | 1 | 8 | 7 | 6 | 5 | 4 |
| 12.00      | U17W 100m                 | A & B        | 4         | 3 | 2 | 1 | 8 | 7 | 6 | 5 |
|            | U17M 100m                 | A & B        | 5         | 4 | 3 | 2 | 1 | 8 | 7 | 6 |
| 12.20      | U15G 100m                 | A & B        | 6         | 5 | 4 | 3 | 2 | 1 | 8 | 7 |
|            | U15B 100m                 | A & B        | 7         | 6 | 5 | 4 | 3 | 2 | 1 | 8 |
| 12.40      | U13G 100m                 | A & B        | 8         | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|            | U13B 100m                 | A & B        | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 13.00      | U17W 300 Hdls             | A & B        | 2         | 3 | 4 | 5 | 6 | 7 | 8 | 1 |
|            | U17M 400 Hdls             | A & B        | 3         | 4 | 5 | 6 | 7 | 8 | 1 | 2 |
| 13.15      | U17W /U15G 1500m          | 1 race       | 4         | 5 | 6 | 7 | 8 | 1 | 2 | 3 |
| 13.25      | U17M/U15 B 1500m          | 1 or 2 races | 5         | 6 | 7 | 8 | 1 | 2 | 3 | 4 |
| 13.40      | U13G/U13B 1500m           | 1 or 2 races | 6         | 7 | 8 | 1 | 2 | 3 | 4 | 5 |
| 14.00      | U17W 200m                 | A & B        | 7         | 8 | 1 | 2 | 3 | 4 | 5 | 6 |
|            | U17M 200m                 | A & B        | 8         | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| 14.15      | U15G 200m                 | A & B        | 8         | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|            | U15B 200m                 | A & B        | 1         | 8 | 7 | 6 | 5 | 4 | 3 | 2 |
| 14.30      | U13G 200m                 | A & B        | 2         | 1 | 8 | 7 | 6 | 5 | 4 | 3 |
|            | U13B 200m                 | A & B        | 3         | 2 | 1 | 8 | 7 | 6 | 5 | 4 |
| 14.45      | U17W 300m                 | A & B        | 4         | 3 | 2 | 1 | 8 | 7 | 6 | 5 |
|            | U15G 300m                 | A & B        | 5         | 4 | 3 | 2 | 1 | 8 | 7 | 6 |
|            | U15B 300m                 | A & B        | 6         | 5 | 4 | 3 | 2 | 1 | 8 | 7 |
| 15.00      | U17M 400m                 | A & B        | 7         | 6 | 5 | 4 | 3 | 2 | 1 | 8 |
| 15.10      | U13 Relays Girl, Boy, Mix | 1 race each  | 8         | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| 15.25      | U15 Relays Girl, Boy, Mix | 1 race each  | 2         | 3 | 4 | 5 | 6 | 7 | 8 | 1 |
| 15.40      | U17 Relays Wom, Man, Mix  | 1 race each  | 4         | 5 | 6 | 7 | 8 | 1 | 2 | 3 |

There is an option at the Track Referee's discretion to combine the U15 and U17 1500m events if the entry numbers are low.



Call up times for field events for athletes and officials are **15 minutes** before the start time unless the previous event in that area has not finished, also see note below which can affect start times.

Due to long Jump, triple jump and pole vault, run ups being inside the track those events cannot take place when long throws are underway.

#### Field Events

| Start Time | Event       | Age group / gender       | Duty Club |
|------------|-------------|--------------------------|-----------|
| 10.00      | Hammer      | U15B / U17M /U15G / U17W | 1         |
|            | High Jump   | U15B / U17M              | 3         |
|            | Shot Putt   | U13B                     | 6         |
| 10.45      | Pole Vault  | U15G / U15B / U17W/ U17M | 4         |
|            | Long Jump   | U13G                     | 2 Pit A   |
|            | Long Jump   | U13B                     | 5 Pit B   |
| 11.30      | Javelin     | U15G /U17W               | 7         |
|            | Shot Putt   | U17W                     | 8         |
| 11.45      | High Jump   | U13B                     | 3         |
| 12.00      | Discus      | U15G/U17W                | 1         |
|            | Shot Putt   | U15B                     | 5         |
| 12.45      | Long Jump   | U15G / U15B              | 2 PitA    |
|            | Long Jump   | U17W / U17M              | 4 Pit B   |
| 13.30      | Javelin     | U13G /U13B               | 1         |
|            | Shot Putt   | U15G                     | 7         |
| 14.15      | Discus      | U15B / U17M              | 8         |
|            | High Jump   | U15G / U17W              | 6         |
|            | Shot Putt   | U13G                     | 2         |
| 15.00      | High Jump   | U13G                     | 5         |
|            | Triple Jump | U17W /U17M               | 8 Pit A   |
|            | Shot Putt   | U17M                     | 4         |
| 15.30      | Javelin     | U15B / U17M              | 3         |
|            | Discus      | U13G /U13B               | 7         |

| Duty No. / Lane Draw | Club / Team Name |
|----------------------|------------------|
| 1                    |                  |
| 2                    |                  |
| 3                    |                  |
| 4                    |                  |
| 5                    |                  |
| 6                    |                  |
| 7                    |                  |
| 8                    |                  |

See Club Identification, Lane and Duty Rotation Sheet, before filling in the details in the box above for your match.